



The Avenue News

DECEMBER 2019 ISSUE

THE CORYDON CAROLLERS

It's December on Corydon Avenue and there's music in the air!

The Corydon Carollers feature some of Winnipeg's finest pop and choral singers performing your favourite holiday songs and traditional carols. This year we are pleased to present sopranos Sara Clefstad, Jane Fingler and Zoreh Gervais, tenors Chad Desrosiers and Mike Thompson, altos Heather Quinn, Amanda Stegmaier and Angela Nuefeld and bass Bill Quinn.

Dressed in bright red and white winter wear, an acapella quartet will sing their way from Daly to Harrow from December 7th to the 23rd. Whether dining in a restaurant or shopping in one of the Avenue's many and varied shops, listen and sing along to favourites like Let It Snow, Winter Wonderland, Jingle Bells and Deck the Halls to name but a few!

The Corydon Carollers will appear on the following dates:

DECEMBER

- | | |
|----|---------------------------------------|
| 7 | 6:30 to 8:30 pm |
| 3 | 6:30 to 8:30 pm |
| 14 | 1:00 to 3:00 pm &
6:30 to 8:30 pm |
| 20 | 1:00 to 3:00 pm. &
6:30 to 8:30 pm |
| 21 | 1:00 to 3:00 pm. &
6:30 to 8:30 pm |
| 22 | 2:00 to 4:00 pm |
| 23 | 6:30 to 8:30 pm |



Merry Christmas and a healthy and Happy New Year!

Annual General Meeting...

You are invited to the Corydon Avenue BIZ

Annual General Meeting

Tuesday, December 3rd, 2019

Time: 7pm to 10pm

Location: Café 22 , 828 Corydon Avenue



All members of the Corydon Avenue BIZ are encouraged to attend. Come with another member, bring a friend, a spouse, or bring a member of your staff. A beautiful gift basket will be raffled off during the course of the evening.

For any information regarding the Annual General Meeting please call:

Katia von Stackelberg at the Corydon BIZ Office

Ph: 204 284 3700 or 204 228 2664



BIZ Spotlight on ...

30 Minute Hit Winnipeg

Alison Bell and Jill Godfrey

823 Corydon Ave, Unit 6 • PH# 204-615-2696



30 MINUTE HIT®

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Corydon HIT just celebrated 3 years!
New location coming to North Kildonan!

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FOR IMMEDIATE RELEASE

Gloria Cardwell-Hoepfner Announced as Parade Grand Marshall

Winnipeg, MB (October 28, 2019) - Gloria Cardwell-Hoepfner, who recently retired as Executive Director of the West End BIZ, has been chosen as the Winnipeg Santa Claus Parade Grand Marshall for 2019.

"Gloria has played a leading role in revitalizing the West End neighbourhood through her leadership at the West End BIZ. She spearheaded the successful mural program, the restaurant tours and worked tirelessly to change the public perception of the neighbourhood," explains the Chair of the Santa Parade Committee, Rennie Zegalski. "She has also been a huge support to the Parade over her 12 years with the BIZ. She was always willing to share resources: office space, volunteer hours and her warm hospitality in order to make this important community event happen."

On Saturday, November 16, the Winnipeg Santa Claus Parade is set to celebrate its 110th consecutive year in Winnipeg. At this annual holiday event, the Grand Marshal acts as the ceremonial leader of the parade and embodies outstanding contributions to our Winnipeg community. Previous Grand Marshals include Fred Penner, Ace Burpee, Dancing Gabe, Canada's Olympic Curling Gold Medal Champions, Team Jones, and the Jets' Wives, Girlfriends and Families.

"Gloria was instrumental in organizing the annual Christmas Eve Feast in the West End providing many families and individuals in need with a holiday meal, in a festive and welcoming environment along with warm clothing and gifts for the children each Christmas Eve. Gloria is a perfect Marshall for this year's parade as we honour her career and dedication to the people of the West End," adds Zegalski.

For more information:
Monica Derksen, Festival Director
(204) 777-2682
monica@winnipeqsantaparade.com

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About the Santa Claus Parade

Launched in 1909, the parade has been a Winnipeg tradition for more than a century. In 1905, Eaton's Department Store launched the first parade in Toronto and in 1909, the second and third parades were launched in and Winnipeg and Montreal, both booming cities on the rise. Winnipeg's parade is now the second largest parade in Canada and the largest nighttime parade in the country. Learn more at winnipeqsantaparade.com.

info@winnipeqsantaparade.com
(204) 77 Santa

Box 1382, Station Main
Winnipeg, MB R3C 2Z1



BIZ Spotlight on ...

Brave Canvas Art Therapy offers individual therapy and group workshops using art as the main tool for communication. Art therapy is a union of art and psychology, taps into the subconscious and engages the part of the brain that processes via symbols and images. The purpose is not about learning art techniques; rather, it is a way to help clients express challenging emotions, gain new insights, improve self-confidence and reduce stress. It is non-invasive and can involve a variety of forms including drawing, painting, sculpting and collage.

Art therapy is an effective and often enjoyable approach to therapy which provides effective tools for managing and moving through life's stressors. It is an appropriate treatment approach for dealing with trauma, depression, anxiety, relationship challenges, loss of a loved one, caregiver stress and chronic illness. Owner and Registered Art therapist Tanissa Martindale works with school aged children, youth and young adults, as well as workplaces to promote healthy well-being and positive states of mental health.

"The aim of art is to represent not the outward appearance of things, but their inward significance" Aristotle

703 Corydon Avenue #6

Ph (204) 996 2029

bravecanvas@gmail.com

www.bravecanvasarttherapy.com



Brave Canvas 
ART THERAPY

VISIT OUR WEBSITE AT WWW.CORYDONBIZ.COM



BIZ Spotlight on ...

Whole Heart Counselling Therapy in Winnipeg is founded on the knowledge and belief that growth and healing arises from your core inner strength - allowing you to speak from your whole heart. Therapist Alana Buller specializes in supporting those who have experienced trauma, and supports each of her clients' ability to walk the path of health and healing

Ph # 204-295-6391

Unit 6 - 703 Corydon Ave.



BIZ Spotlight on ...

Curious about how **Deliver-Eats** can help your business grow? Learn more about what they do, and how they're different from the other guys in this Company Summary. Or if you'd like to speak to them,

reach out by e-mail at partners@deliver-eats.ca or by phone at (204) 808-9800.



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DELIVER-EATS



BIZ Spotlight on ...

Tommy's Pizzeria is pleased to announce that we will be opening in January 2020 at 842 Corydon Ave. Before opening Tommy's Pizzeria Thomas Schneider helped open up Timmy Tom's Pizzeria inside of Trans Canada Brewing Company.

Over the years Thomas has competed in many Pizza competitions whether it be in Canada, the US or Italy. In 2019 Thomas was awarded the Best Canadian Pizza Maker at the competition in Parma Italy. On top of winning such a prestigious award he was invited to be on the World Pizza Championship team which is a great honour.

Tommy's is excited to offer the Corydon area some award winning pizza and even some new styles of pizza!

If you have any questions or would like to book any parties email us at:

info@tommys.pizza.



BIZ Board of Directors & Contact Info

Corydon Avenue B.I.Z - 497 Corydon Ave Winnipeg, MB Tel. 204-284-3700 fax 204-477-0319

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Corydon BIZ Office

www.corydonbiz.com

GRAFFITI REMOVAL

Did you know that the
Corydon Avenue BIZ
will have your graffiti
tags removed for **free**?

Help us keep our BIZ
area free of graffiti by
reporting graffiti to
our office at
(204) 228 2664

"LIKE" US !!

Corydon Ave Business
improvement Zone has a
Facebook page. It is
updated weekly with
information and interesting
facts about our beautiful street !



<https://www.facebook.com/corydonBIZ>



Have an event you want advertised on Community Bulletin? Email us at Katia@vonstackelberg.ca



**A glance at our
gorgeous summer
filled with
musical nights**





VISIT OUR WEBSITE AT WWW.CORYDONBIZ.COM



Get involved in the Transit Master Plan

Phase Two of the Winnipeg Transit Master Plan public engagement has begun. We want to hear Winnipeggers' feedback and input into the proposed network design, including the proposed routes.

Your input will inform the draft Winnipeg Transit Master Plan, which we will share with you in early 2020.

Online: Take the online survey

In person: We are holding workshops, community conversations and drop-in events to gather public input throughout the city.

To learn more, visit winnipeg.ca/transitmasterplan



Provide your opinion on street lighting

The City of Winnipeg wants to know how our street lighting system compares to systems in other Canadian cities. First and foremost, we need to learn how Winnipeggers feel our streets are lit. This benchmark survey will help us determine how our street lights are performing, whether any areas in particular are under or over-served, and what Winnipeggers feel are priorities in terms of lighting.

The 2019 Street Lighting survey is open! Provide your feedback on street lighting until November 28, 2019.

More information at winnipeg.ca/streetlighting